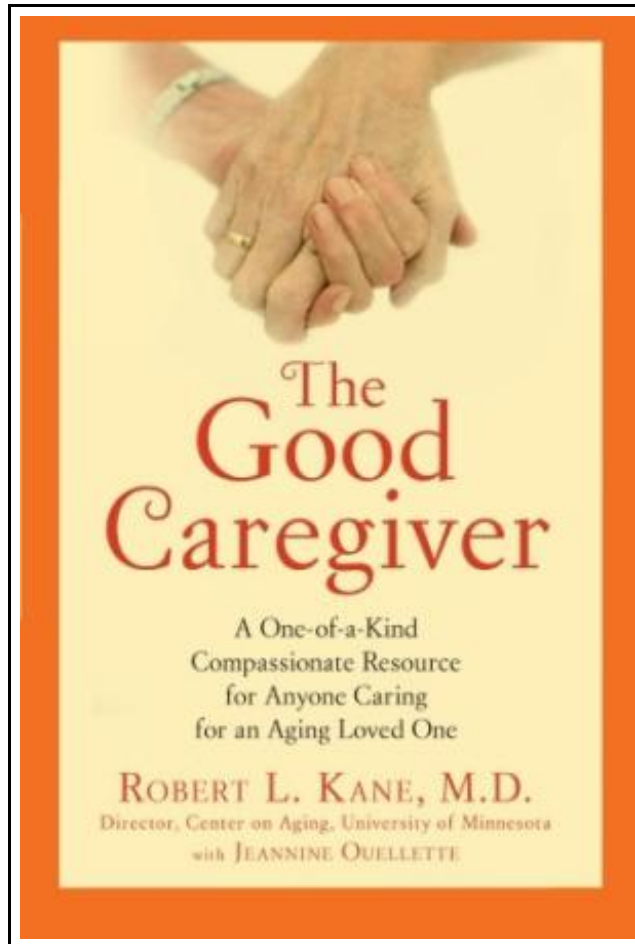# The Good Caregiver: A One-Of-A-Kind Compassionate Resource for Anyone Caring for an Aging Loved One (Paperback)

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Reviews

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THE GOOD CAREGIVER: A ONE-OF-A-KIND COMPASSIONATE RESOURCE FOR ANYONE CARING FOR AN AGING LOVED ONE (PAPERBACK)

Avery Publishing Group, United States, 2011. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. A survival guide with an insider s perspective, for the millions of unprepared caregivers of aging loved ones. As Americans are living longer, an unprecedented number of people now require long-term care during their last years. More than 15 million adult children now care for their elderly parents, and unsuspecting caregivers are usually unprepared financially, emotionally, and practically for the relentless job they will face. In The Good Caregiver, world-renowned expert on aging and long- term care Dr.Robert Kane provides a road map for caregiving. More than just a professional expert, Dr. Kane draws on his personal experience of caring for his aging mother after she struggled from a debilitating stroke. Dr. Kane offers heartfelt advice for those learning how to best care for their loved one and how to make thoughtful, informed decisions at each stage of the caring process: ? How does a nursing home differ from assisted living? ? How is a homemaker different from a home health aide? ? How far can you trust a hospital discharge planner? ? What services does Medicare cover, and much, much more The Good Caregiver equips readers to deal more effectively with the challenges of day-to-day care and to navigate the system itself, including legal, financial, and interpersonal hurdles. Filled with stories and sidebars from other caregivers, The Good Caregiver offers a candid, personal approach to caregiving, providing fearless answers to difficult scenarios with humor and encouragement.

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