



Saint Bernards Three Course Banquet Humility, Charity, and Contemplation in the De Gradibus Monastic Wisdom Series

By Bernard Bonowitz Ocso

Cistercian. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 8.4in. x 5.4in. x 0.6in.Saint Bernards famous work, The Steps of Humility and Pride (in Latin, De gradibus humilitatis et superbiae), is a short book consisting of a mere fifty-seven paragraphs. In it, the Abbot of Clairvaux unpacks the doctrine of the very crucial chapter 7 of Saint Benedicts sixth-century Rule for Monks, which explores the dynamic steps or degrees of both humility and pride. This chapter by Benedict could well be considered the spiritual basis of all Benedictine existence. In Saint Bernards Three-Course Banquet, Dom Bernard Bonowitz makes the teaching of both Bernard and Benedict accessible to modern readers in a set of conferences originally conceived for and delivered to a group of Cistercian juniors, that is, monks and nuns who had completed their novitiate but had not yet made their solemn vows. With Dom Bernard as a guide, many more readers can be sure of drinking at the purest sources of the monastic tradition, which at that depth becomes one with the Gospel itself. A convert from Judaism with a degree in Classics from Columbia University, Bernard Bonowitz was a Jesuit for nine years before entering St. Josephs Abbey...



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