When All Hell Breaks Loose



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WHEN ALL HELL BREAKS LOOSE



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Perseus Distribution Nov 2007, 2007. Taschenbuch. Book Condition: Neu. 230x154x26 mm. Neuware - Ever stay awake at night running through 'what if' scenarios Hurricanes, earthquakes, floods, famine, tornadoes, and terror Well, hold onto your gas masks, folks, survival guru and acclaimed author Cody Lundin is back with a no-holds-barred guide for surviving the next urban and suburban disaster! This isn't your father's boy scout manual or a FEMA handout. In his latest book, When All Hell Breaks Loose: Stuff You Need to Survive When Disaster Strikes, Lundin, founder and director of the internationally recognized Aboriginal Living Skills School, takes you on a wild ride into 'self-reliant land' with an honest, blunt account of what every family needs in the home, office, or car to prepare for possible emergencies. From the basics such as shelter, water, food, survival kits, and first-aid, to survival exotics such as building a makeshift toilet, catching rodents for food, and safely disposing of a corpse, When All Hell Breaks Loose is the first book to concisely and humorously outline a simple survival system using everyday household items to survive catastrophes from Los Angeles to Paris and everywhere in between. Lundin also delves into the little understood realm of 'cause and effect' and the creation of a self-reliant mind-set, unleashing essential psychological secrets vital for survival to keep you from falling into full-blown fear and panic. Lundin's presentation style is fresh, entertaining, and a bit irreverent. Spirited characters such as Vinny the (Uptown) Cockroach, Holy Cow, Robbie Rubbish, and others climb aboard to graphically show you how to prepare for the unexpected and help you remember important survival strategies while under great stress and anxiety. When All Hell Breaks Loose delivers home-tested techniques, tips, and tricks that will help anyone become more self-reliant in...

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