



The Glory of Giripradakshina of the Holy Hill of Arunachala

By Muktha Manu & Peter Berking

Zen Publications, Mumbai, 2013. Soft cover. Book Condition: New. 22 cms. 233pp. The Holy Hill of Arunachala is one of the oldest and most sacred holy places in India. Lord Shiva, the very embodiment of wisdom, out of His supreme compassion and to bless the world, manifested in the form of the Holy Hill. This led devotees to start the practice of Giripradakshina, walking around the Holy Hill as an act of reverence and worship. Devotees who come from far and wide together to worship the Swayambhu lingam thus understand that they are not doing Giripradakshina around an ordinary hill of rocks and mud, but to Lord Arunachala Himself. It is one of the most important forms of worship of Lord Shiva and, in fact, one of the most efficacious forms of sadhana. Giripradakshina has been practiced since time immemorial by saints, sages, devotees, and siddhas. Authoritative references to this fact are found in the Vedas, Puranas, Stotras, and devotional hymns. The importance of Giripradakshina and the benefits that accrue from it have been proclaimed by Lord Shiva Himself. He is ever ready to grant the prayers of devotees who go around the Hill, remembering its nature and seeking its...



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